

Year 4 Summer 1 Topic Homework

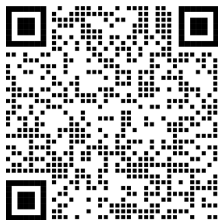
For the Summer 1 topic homework, we would like you to be as creative as you can and do something linked to our topic of the healthy eating, teeth and the digestive system.

Below are some ideas of the things that you might want to do, remember the objective is to complete an activity related to the topic – use your imagination:

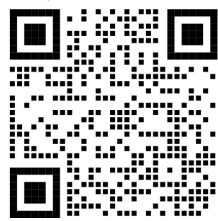
- Plan a menu for an evening meal, making sure it is balanced.
- Draw a plate of food and label all the food groups.
- Make a list of the food groups and write as many foods as you can for each group.
- Cook a balanced meal for your family and send in some photos of it.
- Create a poster showing people how to eat healthily.
- Create snap cards to match different foods to their food group
- Write an advert, telling people how they should look after their teeth or how to eat healthily. Remember to use persuasive writing!
- Film an advert about looking after your teeth or eating healthily.
- Act out how eating sugary foods can lead to tooth decay.
- Write or act out a role play between plaque and a toothbrush.
- Design a presentation to a different year group about teeth and healthy eating.
- Design and make a board game to encourage children to eat well.

ICT Based Activities

- http://www.bbc.co.uk/northernireland/schools/4_11/uptoyou/index.shtml



- <http://www.foodafactoflife.org.uk/?siteid=3>



Completed homework needs to be handed in by Monday 18th May, this will then allow children to share their work with their class before the half term break. We can't wait to see what you create!

Year 4 Team