



FAMILY LEARNING

WITH LIFE EDUCATION CENTRE NOTTINGHAMSHIRE



FAMILY SEAL FOR TRANSITION

All mums, dads, grandparents and carers are welcome!

We would like you to be a part of our exciting sessions, which help our young people to successfully move to Bulwell. Sessions help children develop important life skills such as team working, self-motivation and managing emotions.

Parent and carer information packs on "Helping Your Child Move to Secondary School" plus "A Manual for Teenage Years" is supplied in addition to learning activities for children.

Time: TBC at Nottingham Girls Academy

Session	What it's all about...
1	27.6.25 <ul style="list-style-type: none"> - How secondary school is different alongside a Q & A session with school staff - What are you looking forward to? - Any concerns / worries and what the new routines will be like
2	4.7.25 <ul style="list-style-type: none"> - Learning the personal and social skills we all need to succeed in school / work - "My Talents" and developing an "I can" attitude to learning - What you need in order to have a good day at school
3	11.7.25 <ul style="list-style-type: none"> - How to make new friends and be part of a team - Respectful relationships (both offline and online) - What to do when you fall out
4	18.7.25 <ul style="list-style-type: none"> - Managing my feelings and behaviour - Talking and listening skills - Asking for help when I need it



If you would like to come and join **Family SEAL for Transition**, please return this completed slip to **your child's class teacher**:

Please provide us with your email so we can send you course information.

Child's Name:	
Child's Class:	
Parent / Carer Name:	
Telephone:	
Email:	

Funded by:



Education & Skills
Funding Agency



Nottinghamshire
County Council



Web: www.lecn.co.uk
Twitter: [@LifeEdFamLearn](https://twitter.com/LifeEdFamLearn)
Facebook: [@LifeEdFamLearn](https://www.facebook.com/LifeEdFamLearn)