



Old Basford School

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Year 6 RSHE Lessons

Dear Parents and Carers,

You will be aware that, as a part of your child’s educational experience at Old Basford School, we aim to promote personal wellbeing and development through a comprehensive programme of Personal, Social, Health and Economic (PSHE) education. Now more than ever before it is vital that we give children the knowledge, understanding, attitudes and practical skills to live healthy, safe, productive and fulfilled lives, both now and in the future.

What will the lessons cover?

Here is an outline of the learning outcomes from Year 6 RSHE:

	Learning outcomes
Year 6 RSHE	<ul style="list-style-type: none"> • Describe how and why the body changes during puberty in preparation for reproduction • Talk about puberty and reproduction with confidence • Discuss different types of adult relationships with confidence • Know what form of touching is appropriate in relationships • Describe the decisions that have to be made before having a baby • Know some basic facts about conception and pregnancy • To have considered when it is appropriate to share personal/private information in a relationship • To know how and where to get support if an online relationship goes wrong

These lessons will be taught week beginning 23rd June.

Please rest assured that this content will be delivered in a way that is age and developmentally appropriate and sensitive to the needs and religious background of the children. Resources used for the lessons are available on request from the Year 6 teachers.

If you have any queries, please speak to a member of the Year 6 team or the PHSE Lead (Miss Singh)

Many thanks for your continued support,

The Year 6 Teaching Team

