



Opportunities
Bring
Success

Old Basford School

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Year 4 RSHE Lessons

Dear Parents and Carers,

You will be aware that, as a part of your child’s educational experience at Old Basford School, we aim to promote personal wellbeing and development through a comprehensive programme of Personal, Social, Health and Economic (PSHE) education. Now more than ever before it is vital that we give children the knowledge, understanding, attitudes and practical skills to live healthy, safe, productive and fulfilled lives, both now and in the future.

What will the lessons cover?

Here is an outline of the learning outcomes from Year 4 RSHE:

	Learning outcome
Year 4 RSHE	<p>Learning Intentions – lesson 1 To explore the human lifecycle Describe the main stages of the human lifecycle Describe the body changes that happen when a child grows up</p> <p>Learning Intention – lesson2 To identify some basic facts about puberty Discuss male and female body parts Know some of the changes which happen to the body during puberty</p> <p>Learning Intention – lesson 3 To explore how puberty is linked to reproduction Know about the physical and emotional changes that happen in puberty Understand that children change into adults so that they are able to reproduce</p>

These lessons will start on Friday 18th July and will continue into the following week. Please rest assured that this content will be delivered in a way that is age and developmentally appropriate and sensitive to the needs and religious background of the children. Resources used for the lessons are available on request from the Year 4 teachers.

If you have any queries please speak to a member of the Year 4 team or the PHSE Lead (Miss Singh).

Many thanks for your continued support,

The Year 4 Teaching Team

