



Nottingham
City Council



Dear Parent/Carer

OBS are starting the Eat Them to Defeat Them campaign from Veg Power! We'll be serving four delicious international meals to get children eating more veg for the following 4 Tuesday lunchtimes



Tuesday 27/2/24: African Chicken and Veg Jollof, containing Peppers, Chickpeas, Sweet Potato and Peas
This dish will replace the previously planned Green option on this day.



Tuesday 5/3/24: South American Beef Chilli, containing Kidney Beans, Carrot, Butternut Squash, Peppers, Tomato's & Onion, with Garlic Bread
This dish will replace the previously planned Green option on this day.



Tuesday 12/3/24: Cheese & Broccoli Pasta Bake, containing Broccoli, Courgette and carrots in a Tomato Basil sauce topped with Cheese
This dish will replace the previously planned Yellow option on this day.



Tuesday 19/3/24: Jerk Chicken with Rice & Peas, containing Onion, garlic, Sweet Potato, Kidney Beans, Peas and Coconut Milk
This dish will replace the previously planned Green option on this day.

These meals will be one of the three meal options on that day. We hope your children will take part in this campaign to enjoy these delicious dishes

Veg Power's mission is to inspire kids to love vegetables. So far 1.5 million children have taken part in the school campaign and Veg Power's survey showed that 77% of parents say that their children ate more veg after the campaign.

You should have already received the children's take-home packs with stickers to reward children for eating their veg at home.

Nottingham Catering

Nottingham Catering, Nottingham City Council